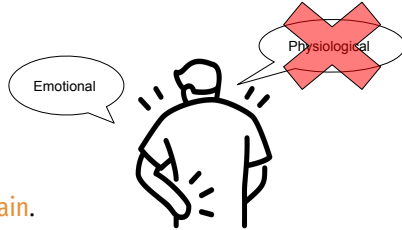


Delay and Effort-Based Discounting, and the Role of Bodily Awareness, In People Experiencing Long-Term Pain: A Cross-Sectional Study.

Aleksandra M. Herman, Tasha R. Stanton

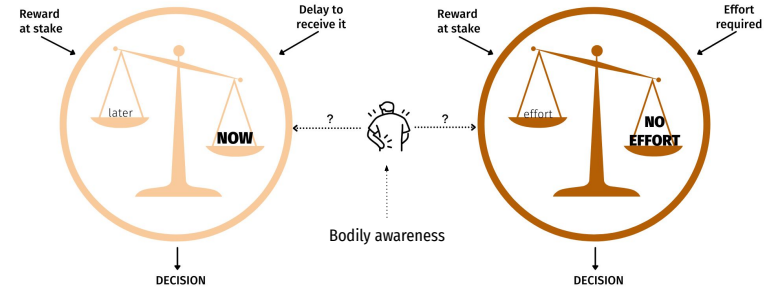


Chronic Pain.

✉ a.herman@nencki.edu.pl

🐦 @AleksHerm

Delay and Effort Discounting in Pain.



✉ a.herman@nencki.edu.pl

🐦 @AleksHerm

Methods.

Participants:

- 391 experiencing chronic pain (min previous 3 months of pain)
- 263 controls (no history of long-term pain)

Measures:

- Delay Discounting Questionnaire (Monetary Choice Questionnaire)
- Effort Discounting Questionnaire
- Porge's Body Perception Questionnaire (Awareness subscales; BPQ)

How aware are you of...

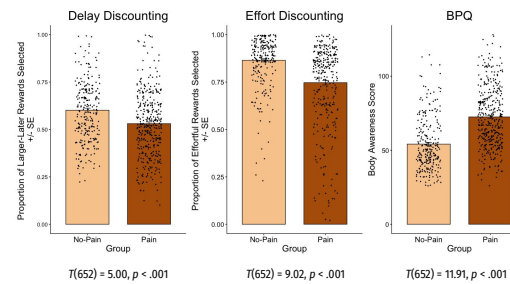
Your face getting red?

Would you prefer to get \$5 today or \$10 in a week?

✉ a.herman@nencki.edu.pl

🐦 @AleksHerm

Results.



- Chronic pain may influence decision making.
- Novel interventions opportunity?

Herman, A.M. & Stanton T.R. (2021) Delay and Effort-Based Discounting, and the Role of Bodily Awareness, In People Experiencing Long-Term Pain: A Cross-Sectional Study. The Journal of Pain

✉ a.herman@nencki.edu.pl

🐦 @AleksHerm